

The Honors Declaration 2019-2020

Requirements for A&L, CBE, CCOE, HHS, or NSS majors

Deadline: April 24, 2020

The purpose of the Honors Declaration is for Honors College students to formally transition into their upper division Honors coursework by reflecting on their engagement with core Honors College outcomes up to this point in their undergraduate careers, and by developing a proposal for the remainder of their undergraduate career that is linked to their long-term academic and professional career goals.

All Honors College continuing and transfer students are expected to submit an Honors Declaration during spring semester of their first year as a transfer with the Honors College, or sophomore year as continuing student. **To complete the Honors Declaration:**

- 1. Enroll in HNRS 2900 for Spring 2020.**
- 2. Work with Jessica in [NISFeP](#) to identify and apply for an off-campus opportunity such as a scholarship, fellowship, internship, research program, or study abroad experience.**
 - Eligible off-campus opportunities must include a personal statement/writing component or cover letter, and 1 letter of recommendation*.
 - Create a draft of your application and schedule an appointment with NISFeP to review.
 - *Contact Jessica for more questions at jrodr179@calstatela.edu
- 3. Draft and submit a reflection paper to the HNRS 2900 Canvas portal by the April 24 deadline. In this paper, address the following seven prompts (writing approximately 250 words for each one):**
 - What are your academic and career goals? How have they changed from your first year? These goals may include plans for graduate school, medical school, or employment in industry. Include a mini-timeline that addresses major milestones to help you succeed, in an outline style or table.
 - What Honors College or Cal State LA coursework and academic experiences have added to your student experience? How have these courses shaped your progress or interest in your goals and career outlook?
 - Provide an assessment of your strengths and weaknesses in knowledge, skills, and attitudes. How have you changed from your first year? What do you plan to improve on and what steps will you take to make those improvements?
 - Describe your proposed remaining upper division course work and how these courses are intended to address your academic and career goals.
 - Describe the experience of applying for an off-campus opportunity, including your thoughts on writing and editing your personal statement and the process of requesting letters of recommendation. Include a link and name of the opportunity you applied to, and its outcome.
 - Describe the additional internships, off-campus scholarships, research programs, and other academic experiences in which you would like to participate during the remainder of your undergraduate career, including plans you have for each summer before graduation.
 - A description of your potential thesis research topic and potential advisor, and what you plan to do next year to keep on schedule with the thesis. What full time faculty do you see yourself working with to complete the Honors Thesis? What kind of topics or thesis research would you like to focus on for your thesis?